



## JETWING'S APPETIZING TOUR OF SRI LANKA'S CULINARY ARTS

In the pearl shaped island of Sri Lanka one can encounter a diverse and splendid array of tantalizing food ranging from scrumptious seafood to the traditional rice and curry. The island may seem small in size as it is surrounded by the seas of the Indian Ocean but it is certainly not lacking in gastronomical delights which are not limited by the size of the country. Cuisine is an ideal means by which to gain knowledge about a country and in a sense relive its experience personally. However to experience it first-hand would be an even greater event and that is what Jetwing Hotels in Sri Lanka seeks to do by offering a vacation built around the culinary arts. Created for the gourmet-travel enthusiast, Jetwings' Culinary Tour is an ideal way by which the discerning traveler can immerse himself or herself in the history and the ethos of Sri Lanka, its people and their customs and of course most importantly their food.



Jetwing's Culinary Tour seeks to provide food connoisseurs with a fortnight holiday spent in varied exotic locations sampling and actively participating in the excitingly delicious food-fare that the island has to offer. For with Jetwing Hotels food is at the heart of recreating a uniquely Sri Lankan Culinary Tour that will truly pay tribute to the island's amazing gastronomical delights.



The first three days will be spent at Jetwing Beach situated among the sun-kissed beaches and palm tree gardens of the Western coastal town of Negombo. It is a luxurious and romantic setting within a town which has a strong fishing history and a reputation for providing the best seafood in the region. Lobsters, amber jack and pomfret are just a few of the delectable dishes that make up the menu at Jetwing Beach which will undoubtedly satisfy the traveller's palette.

The tour will commence with breakfast by the pool side with the Executive Chef Priyantha Weerasingha. A charming man, he will introduce topics such as "*Spices*" and "*Coconut*" to the tour with ease and enthusiasm, helping gourmet "*wannabes*" become better acquainted with Sri Lanka's culinary secrets. The stay in Negombo will culminate with an exciting visit to "*Lellama*" or the Negombo Fish Market, where guests can pick up any fish of their choice and thereafter indulge to their hearts delight in an afternoon cookery class on Seafood dishes with the chef.





The Culinary tour then heads towards the environs of the southern coastal town of Galle which is full of the ambience of its Dutch Colonial predecessors. En-route to Galle, the tour will visit the home of the world renowned Sri Lankan architect Geoffrey Bawa. There, the Executive Chef of Jetwing Lighthouse, Galle, Nihal Senanayake will host a talk on “*Breadfruit and Jackfruit*”. At Jetwing Lighthouse, guests can wake up to a morning visit to the town’s vegetable and

fruit markets. There will be a special cooking class on rice and curry (curries being the more appropriate word as there will be a wide range of cooking expertise -from chicken curry to gotukol sambol- to gain from). On the final day in Galle a visit to another hotel located close by, Jetwing Kurulubedda, will enthrall new cooking experts with a fascinating lesson on the art of cooking milk rice or *kirri bath* with its famous side dishes of *Ambul Thiyal*, *Pollos Curry* and *Lunu Miris*.

Next, venture out for two nights on to the charming hills of Nuwara Eliya amidst which is situated the bungalow hotel, Jetwing Warwick Gardens. A safe haven of solitude, the hotel is situated among lush mountain tops and a cool climate which makes for a perfect getaway from the bustle of the coast. As guests enjoy Pink Guava and Black Pepper Caipirinha they can talk about “Pepper” with the bungalow manager and enjoy a “Planter’s Roast” dinner which is reminiscent of a by-gone era of British colonial rule. Cooking lessons in the mountains will conjure up long-lost home-made recipes on Chutney and Jam making as well as Goat Cheese making.



Come day nine and the culinary tour is in full swing and well on its way to ensuring that its guests have had more than just a taste of the island’s enticing food. As the journey continues on to Jetwing Vil Uyana it makes a stop at a Tea Factory where a cup of hot tea will be undoubtedly a refreshing experience and an excellent chance by which to encounter Sri Lanka’s famed tea culture. Jetwing Vil Uyana is situated close to the historic

5<sup>th</sup> century rock fortress of Sigiriya and is perhaps the only hotel in the world built over reed beds and paddy fields. The stay at Jetwing Vil Uyana will include the unusual opportunity of breakfast in the paddy fields; a cooking class titled “Claypot Cooking”; and an afternoon of ginger biscuits and tea with the elephants at a safari at the Minneriya National Park.



## MEDIA RELEASE

Farewells resound as the journey returns to its original destination of Negombo. The journey back is tempered with lunch at the home of a local islander. This is undoubtedly a pivotal part of the culinary tour as there is nothing more exceptional than eating Sri Lankan cooking as it is made at home. Journey's End is situated among the picturesque beaches of Jetwing Sea, Negombo where the all new culinary experts can spend their last few days relaxing by the beach.

Don't miss this exciting and refreshing opportunity to be a part of Jetwing's Culinary Tour of Sri Lanka. From the coastal beaches to the central highlands Jetwing has created an appetizing and scrumptiously delicious experience from head to toe. Food will not be the only delectable on the travel menu, as historical sights and cultural events will contribute to making this an all round palatable experience that will certainly be a "*symbolic celebration of the shared repast*".

### NOTE

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